**Brief Report on International day Of Yoga**

As per your instructions served in your letter no.–D.O.No.F.14-13/2015(CPP-II) dated 12th June 2018 our college named “**Swami Vivekanand Teacher Training B.ED College, Karmatand, Bokaro (Jharkhand) bearing its AISHE Code- C52021** has conducted Yoga Awareness Programme on the occasion of 4th International day Of Yoga to be celebrated on June 21, 2018.

Yoga Awareness Programme has been carried out on 18th June 2018 among children of nearby located school premises of DVA Public School, Karmatand, Bokaro. The children were acknowledged about the positive aspect of Yoga on mental, moral and physical improvement. The physical and Yoga teacher of our Institution presented demo of Yoga among them and in acted some Yoga asana by the children also.

The same programme has been carried out on 19th June 2018 in insight Swami Vivekanand Multipurpose hall of the Institution premises among the student teachers of the college. Following programme on Yoga has been celebrated here-

1. Speech on the importance of Yoga and towards awareness were delivered by the members of college managing committee including the President, Secretary, Treasurer, Principal and Assistant Professors of the college and student teachers of the college.
2. The teacher-students have also being in acted Yoga asana by the physical cum Yoga teacher of the college. The teacher-students have also been inspired to disseminate and disperse the ideas of the importance of Yoga and create awareness towards Yoga among villagers of their village.